



Crag 2 Mountain
"Inspiring Adventure"

Rock Adventure Session

Thank you for booking on to our Rock Adventure Session with Crag 2 Mountain. This short document should give you an overview of the session what it entails and any kit / equipment you may need to bring along.

Consent Form

Please could you complete the online [Consent Form](#) for each participant of the session.

This form needs to be completed at least 7 days before the start of your session.

Location

For the Rock Adventure Session we will be using [Hound Tor](#) on Dartmoor. There is ample parking here but there is a short walk on an incline to reach our adventure spot.

Course Duration

This 3 hour Rock Adventure Sessions gives you a chance to try out Rock Climbing, Abseiling and Weaselling which is scrambling through the holes and tunnels in the rocks around the tor. We will meet you in the car park to collect and fit our Helmets & Harnesses.

Equipment Required

- Waterproof Jacket.
- Warm Top.
- Suitable footwear for the walk up to the climbing spot.
- Climbing Shoes. (Trainers are fine to climb in but not opened toe footwear)
- Drink.
- Hat and Gloves.

Please be aware it can get cold up on the Tor and weather can change quite quickly on Dartmoor so warm layers are a must !

www.crag2mountain.co.uk

Registered Office: 6 Bellever Close, Princetown, Devon, PL20 6RT
Registered in England and Wales No. 08740217



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Session Size

The session has a maximum ratio of 1:10 but can also be tailored for bigger groups. Please contact us for more details and group discounts.

Terms & Conditions

Full Terms & Conditions can be found on our [website](#).

We recommend all clients take out their own personal accident and cancellation insurance to cover them. Information on this can be found on the British Mountaineering Council Website.

Please note a Parent/Legal Guardian must be present during the activities but is not required to take part unless they wish.

If you have any question about the course then please don't hesitate to contact me by [email](#).

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